

# November

M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

**November 20<sup>th</sup>**  
Spirit Day\*\*\*

**November 21<sup>st</sup>-23<sup>rd</sup>**  
NO SCHOOL-Thanksgiving

**November 29<sup>th</sup>**  
4<sup>th</sup>-6<sup>th</sup> Field Trip

**December 5<sup>th</sup>**  
Dance/Musical Theater Showcase  
6:00pm

**December 6<sup>th</sup>**  
5<sup>th</sup>-8<sup>th</sup> School Spelling Bee

**December 11<sup>th</sup>**  
5<sup>th</sup> Grade Winter Concert  
7:00pm

**December 12<sup>th</sup>**  
Winter Concert  
5:00pm

\*\*\*\*\*Spirit Day - Students are allowed to wear any of our APA Spirit Apparel shirts, (no hats please). Students still need to wear their uniform socks, shoes, and skirts/pants/jumpers.

The APA Spirit Store will now be open every WEDNESDAY. Please use this day to drop in and purchase needed uniform and spirit items! We are open during two different time slots: 8:15 AM - 9:00 AM & 11:00 AM - 1:30 PM



Monthly Builders Theme:

## Expressing Gratitude through Word and Deed

This month we find ourselves reflecting on what we are grateful for-and what we are going to eat for Thanksgiving dinner. As an introduction to our builders theme this month, I would like to offer this challenge: Can you think of 100 things you are thankful for? Try this exercise with your family. Close your eyes and focus on a blessing in your life. It's easy to begin by visualizing your family members and friends. Envision an image of each one in your mind. Offer a silent "thank you" to the person or object of your appreciation. How many things are on your list so far? 20? 35? 50?

Next start to think about things that you may take for granted like the sunshine, a warm bed, food in your home, your teacher's help on that assignment. Good is everywhere! Relax into the feelings of gratitude...take a deep breath...feel more gratitude as you recognize your 100 blessings.

William Faulkner said, "Gratitude is a quality similar to electricity: it must be produced and discharged and used up in order to exist at all." The latest brain research shows that feeling gratitude for 30 seconds six times a day (a mere three minutes!) will enable our neurons to fire and wire together around gratitude and we will more easily and frequently access more gratitude.

Gratitude has a positive impact in our lives by improving physical and emotional health as well as boosting self-esteem. Simply put, doing good *feels good*.

Hey! I'm grateful for that; I'll put that first on my list!

### School Tours

School Tours will be held at 8:15am on the dates found below. We encourage you to invite anyone who may be interested in enrolling their children at APA in the future to attend.

November 29th

January 24th

January 31st

## All School News

### **Project 150 Drive November 5th-30th**

It's everyone's favorite time of year! Project 150 drive! Project 150 is a non-profit organization who helps homeless high school students stay enrolled and move onto college. Learn more about project 150 on their website: [www.project150.org](http://www.project150.org)

This drive will run from November 5<sup>th</sup>-30<sup>th</sup>. We encourage everyone to participate and support this organization. We have set a school goal of collecting **30,000** items to donate. In order to accomplish this goal, we ask that every student brings **at least 10 items** to their class.

We are looking for the following items:

- Granola Bars
- Oatmeal
- Tuna & Crackers/Chicken & Crackers
- Protein Items (Vienna sausages, canned tuna/chicken, spam)
- Full size bottles of shampoo, conditioner, lotion, body wash, hairspray & hair gel
- Gender specific deodorants
- NEW Underwear (male and female, all adult sizes)
- Hooded Sweatshirts (male and female, all adult sizes)

### **Order your yearbook**

Yearbooks may be purchased online at [YBPay.lifetouch.com](http://YBPay.lifetouch.com) Deadline is April 4, 2019

Please use the follow yearbook ID codes:

Elementary code: 12746219

Secondary code: 12389719

Extra options for yearbooks are available as well. Look for the yearbook flier in your Family Communication Envelope or attached to the newsletter.

## Elementary News

### **Birthday Celebrations**

Teachers will most likely mention a student's birthday during the school day of their birthday and have a special way of acknowledging that student. At the request of our parents, we will no longer be allowing parents to bring any type of treat, candy, cupcakes, cookies, etc. to distribute to other students. Healthy snacks are welcome and encouraged. Please make sure they are individually wrapped for easy distribution. Reminder: American Prep is a LATEX-FREE school. No balloons for birthdays.

### **October K-6 RU Award Recipients:**

K-Hatch AM	Brooklyn Tolson	K-Hatch PM	Naomi Gezahegn
K-Rambow AM	Zachary Loveland	K-Rambow PM	Yafet Shewangzaw
1st-Abbott	Eyosias Solomon	1st-Freer	Emilia Mendoza
1st-Torres	Rachel Kassa	2nd-DeJesus	Nicholas Nicora
2nd-Harris	Caleb Nick	2nd-Gomez	Matthew Maciejewski
3rd-Call	Tennyson Dugovic	3rd-Deaver	Stephanie Tucker
3rd-Nunn	Karli Atkinson	3rd-Robison	Anja Nicsic
3rd-Telfer	Ruth Gezahegne	4th-Burgess	Miles Nelson
4th-Gunn	Jaleya Cruz	4th-Hayes	Naomi Angel
4th-Morano	Michael Bonilla	4th-Rivenbark	Liliana Salazer
5th-Braybrooke	Sophia Pannu	5th-Carter	Noah Luong
5th-Gibson	Haven Anderson	5th-Gwin	Gabrelua Sirak
5th-Pruitt	Warren Harper	6th-Conti	Madison Shema
6th-Gibson	James Gonzales	6th-Holloman	Mila Mayo
6th-Ryan	Adonay Atsbehe		

## Secondary News

### **Basketball Lock in**

On Monday, November 19<sup>th</sup>, our varsity girls and boys basketball teams will have their first home games of the season. The Girls' game will begin at 4:30. To encourage student participation, we will have a spirit day that day. In addition, we will hold a "lock in." We will permit students to remain at the school and go to the gym in preparation for the games. We will sell food, snacks and drinks that will support our sports and clubs. To amp up their school spirit, we will have fun games and play music. The lock in is figurative only and students can be picked up at any time. However, students will be required to remain in the gym during carpool and will not be available for pick up if they enter the gym at any time during carpool. We think this has the potential to be an amazing and fun event and look forward to all of our sporting events in our "winter" season.

### **Senior update**

Our senior class has collectively received over 35 college acceptances already! Way to go, seniors! Don't forget to keep sharing your college acceptances with Ms. Steiner. We are proud of you!

### **Winterim update**

Winterim registration is currently in progress! All classes are first come, first served. Each day during the registration window from Nov 13-Nov 20, an updated email will be sent to all students with the courses that are full. We recommend that students select several back-up courses and pay close attention to the grade levels and fees associated with the courses. Students with later registration dates may wish to wait to complete their form to ensure they are not selecting a class that is already full. Once the form is submitted, there will be no changes made to selections. All Winterim schedules will be dispersed when students return from the Thanksgiving break. Please do not pay any fees until you have received confirmation of enrollment - fees will be listed through the APA online banker on Friday, November 30th and are due by Tuesday, December 18th. Please note fee corrections from the printed catalog: The Hobbit - no fee; How to Be Better Than Indiana Jones - \$50 fee.

## Clubs

### **Pizza Thursday**

Be sure to pre-order your Marco's pizza for Thursday near the secondary office every morning or at lunch. We currently offer Cheese and Pepperoni and the cost is \$2 per slice or 3 for \$5. This fundraiser is brought to you by your speech and debate team. If you have any questions please email Tiara Bergquist at [tiara.bergquist@apavegas.org](mailto:tiara.bergquist@apavegas.org). Thank you for your support!

### **Key Club**

Key Club has been doing some exciting things! So far this term, students have volunteered at APA's Parent Night Out, Opportunity Village's Flip the Forest and the annual Rock n Roll Marathon on the Strip. We will be volunteering this coming weekend at HELP of Southern Nevada's Thanksgiving Bag Stuffing and will be assisting Character Development in the Project 150 food collection. If you would like to join Key Club, please contact Ms. Steiner at [shannon.steiner@apavegas.org](mailto:shannon.steiner@apavegas.org)

## Athletics

### **14U Division All NYS Football Team**

Congratulations are in order for the following outstanding APA students for making the 14U Division All NYS Football Team:

Tavita Seloti

Caleb Musyoki

Jacque Philippi

Dylan Herman

Maxxcymuss Manuma

Justin Rhett

The All NYS team will receive their awards at halftime during their divisions Nevada State Championship game at Bonanza H.S. this past Saturday.

### **Girls Middle School Volleyball Had a Great Season!!**

The Middle School Volleyball team season was completed Wed, Nov 14th, in the semi-final round of the NCSAA Charter League playoffs against Freedom Classical. The result was not known before we went to print. With all our young players performing so well, the future looks tremendously bright for the girls' volleyball program.

### **Volleyball Awards Thursday Evening**

Today, Thursday, Nov 15th at 7 pm in the MPR is the season-ending awards ceremony for both MS and Varsity VB teams. Coaches Meriah Jex and Megan Richardson are looking for volunteers to help with the set-up for the 7 pm pot-luck event. Finger foods and snacks will be appreciated and EVERYONE in the family is invited!

### **Tennis**

If you haven't signed up for Tennis as of yet, you can still jump in.

APA's newest sport has really taken off and there are a few spots remaining for the November program. You may go online to the "Online Banker" portal and make payment in the Athletic Fees section under Tennis. The adjusted fee is \$125 and Coach McElroy ([johnmcelroy10s@yahoo.com](mailto:johnmcelroy10s@yahoo.com)) or Coach Bliss

([dave.bliss@apavegas.org](mailto:dave.bliss@apavegas.org)) can get you set up.

### **High School Basketball! MANDATORY PARENT MEETING**

Both of the high school basketball teams, girls and boys, have just concluded their team tryouts. The three-day period was very competitive and both teams look to have great seasons.

There will be a **mandatory** meeting for both teams in the campus gym on **Saturday, November 17th at 9 am for the boys and 12 noon for the girls**. Each player must be represented by an adult, as the coaches are introduced and team schedules and expectations will be shared. You should be receiving an email shortly regarding the program.

**The tryouts for the Middle School and Elementary programs will be on November 26<sup>th</sup> and 27<sup>th</sup> at 6pm in the gym.**

### **5th-8th Grade (boys and girls) Basketball**

Tryouts will be held Monday, November 26, 2018 directly after dismissal

Dear APA Families,

We wanted to send out another friendly reminder of our carpool procedures and dismissal times.

Our community leaders have received complaints from the neighborhoods surrounding our school. We are asking all families to **NOT** park in the neighborhoods north of Patrick as well as in the commercial lot on the corner of Patrick and Durango. Please do NOT come before your arrival time. See below for details.

**1st Dismissal:**

**Red:** DO NOT approach the campus OR turn onto Sobb until 3:00pm.

**Yellow:** DO NOT approach the campus OR turn into the carpool lanes until 3:00pm. **DO NOT wait in the left turn lane or block traffic EVER.**

**Brown:** DO NOT approach the campus OR turn onto **Jim Rogers until 3:00pm.**

**2nd Dismissal:**

**Green:** DO NOT approach the campus OR turn onto Sobb until 3:15pm.

**Blue:** DO NOT approach the campus OR turn into the carpool lanes until 3:15pm. **DO NOT wait in the left turn lane or block traffic EVER.**

**White:** DO NOT approach the campus OR turn onto **Jim Rogers until 3:15pm.**

**3rd Dismissal:**

**Purple:** DO NOT approach the campus OR turn onto Sobb until 3:30pm.

**Orange:** DO NOT approach the campus OR turn into the carpool lanes until 3:30pm. **DO NOT wait in the left turn lane or block traffic EVER.**

**Pink:** DO NOT approach the campus OR turn onto **Jim Rogers until 3:30pm.**

Thank you, to those that are currently following our arrival times and procedures.

APA Administration