

November

M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

November 7th
K-3rd Builder's Assembly
8:00am

November 8th
4th-6th Builder's Assembly
8:00am

November 8th
Fingerprinting Event
3:00-5:00pm

November 12th
Veterans Day- No School

November 14th
1st-3rd Field Trip

*****Spirit Day - Students are allowed to wear any of our APA Spirit Apparel shirts, (no hats please). Students still need to wear their uniform socks, shoes, and skirts/pants/jumpers.

The APA Spirit Store will now be open every WEDNESDAY. Please use this day to drop in and purchase needed uniform and spirit items! We are open during two different time slots: 8:15 AM - 9:00 AM & 11:00 AM - 1:30 PM



Monthly Builders Theme:

Expressing Gratitude through Word and Deed

"You are a master of the words you don't say and a slave to the ones you do." - unknown

This month, the builder's theme is gratitude. The opposite of gratitude is complaining. The more energy you spend looking for things to complain about, the less energy you have to find things to be grateful for.

Two weeks ago, I challenged you to try and think of 100 things to be grateful for. This week I have a new challenge for you: see if you can go 21 days without complaining!

If you are like me, you might have a habit of complaining about certain things. And habits can be hard to break. So here's an idea to help you out with this challenge. If you catch yourself starting to complain, quickly think of something that you are grateful for instead. In addition, you could wear a wristband on your right wrist. If you make a mistake by complaining, switch the wristband to your left wrist, and start the countdown again the next day. The goal is to go 21 days without having to switch the wristband at all. Can you do it? This challenge brought to you by: www.complaintfreeworld.biz

Veterans Day

We are very excited for our Veterans Day celebration which will take place on **Friday, November 9th**! We will have 2 assemblies to honor our Veterans, the first to take place at 10:00am and the second at 1:00pm. This assembly is an opportunity for students and families to invite a Veteran friend or family member to come and be honored by our student body. Our average attendance of veterans is 80 and it is a wonderful event to be a part of. Due to the space constraints in our gymnasium, only parents who are accompanying Veteran guests, or parents who are volunteering at the event are able to attend in person. We hope to livestream the assembly so parents can watch it online!

We encourage you to think about a Veteran you would like to invite to this wonderful assembly!

All School News

PARENTS NIGHT OUT

The Parent Night Out Event will be taking place next Friday November 9th from 3:15 to 8:00 p.m. The event will include activities, games, drawing, *Just Dance* competition, photo booth and basketball. Cost is Five Dollars (\$5.00) per student per hour and this includes two slices of pizza and a drink. Please RSVP to Ms. Winovich (heather.winovich@apavegas.org), or Mr. Grealish (frank.grealish@apavegas.org), who are the Entrepreneur Club Advisors Please keep an eye out for a flyer with additional details that your student will be bringing home this week. Proceeds from this Event will be going to the Senior Class and Project 150 (a not for-profit focusing on helping homeless teens)

Recording Volunteer Hours

Did you volunteer at the carnival? Have you helped in the classroom? Do you have volunteer hours that need to be recorded? For elementary students, record your hours on the Family Communication envelope. Secondary parents, please send your hours to Heidi.lee@apavegas.org. We appreciate all you do to make APA the great school it is!

Musical Theater High School - Bye Bye Birdie

This year's High School Musical Theater Club is having their first information meeting on Thursday, November 1st, directly after school in the Dance/ Drama room. Join Mrs. Tintle and find out about auditions and sign-ups for this year's musical, Bye Bye Birdie! Open to all Secondary students. If you have any questions, please contact Mrs Tintle. annie.tintle@apavegas.org

Fingerprinting and Field Trip

Due to heightened security measures and to ensure student safety, ALL regular (4 or more times a month) volunteers are required to be fingerprinted. For parent chaperones who would like to attend field trips, parents who have been fingerprinted will receive priority as we select our chaperones.

We will have another fingerprinting event here at the school to accommodate those who are interested on November 8th 3:00-5:00pm. Cost will be \$55.00, which includes background check, badge and lanyard. Please RSVP at the below link. You will receive 5 volunteer hours for being fingerprinted on top of your hours from the field trip or other volunteer activities.

<https://www.signupgenius.com/go/20F044AABAB23A5FC1-fingerprinting>

Any questions please email Becca.batista@apavegas.org

Secondary News

Winterim

Winterim is coming! Last week students provided useful feedback towards what courses we should offer for Winterim, which will run from January 2-17. Following the October fall break, secondary students will have the opportunity to select their Winterim schedule. More information coming soon!

ACT Boot Camp

Tutors Across America will hold an ACT Boot Camp at APA on Nov 2nd – 4th. Notices have been mailed home to all sophomores and juniors. Please contact Ms. Steiner if you need help to get registered.

HIGH SCHOOL PIZZA THURSDAYS START NOVEMBER 1st

We are excited to offer our secondary students the opportunity to purchase pizza every Thursday, starting November 1st. Students can start pre-ordering every Monday starting October 29th and the pizza will cost between \$1 and \$3. This fundraiser is brought to you by your speech and debate team. All proceeds will go to help fund out of state tournaments. If you have any questions, please contact Ms. Bergquist at tiara.bergquist@apavegas.org

Athletics

VOLLEYBALL had a Great Senior Night

Tuesday night's Volleyball was a great success, as both the MS and Varsity teams defeated the respective teams from Founders' Academy.

Middle School won their games easily - 25-10 and 25-11 behind the inspired play of Taliana Tangitau and Emma Kwok. Middle School's next game is on the road on Friday at Mater Mountain Vista (3445 S Mountain Vista Dr, LV, NV 89121). The girls will then await where they will be playing in the NCSAA Playoffs.

The Varsity, led by their four seniors, Mary Gibbs, Haley Moore, Shanalynn Pangelinan, and Nayeli Ramirez prevailed in five games. They play their last home game on **Tonight** Thursday Nov 1st at 7 pm in the APA Gym vs the Excel Coyotes Club Team. Keep the season going Lady Eagles!

A BIG SHOUT OUT to the Pep Band and the Cheerleaders for making the occasion so much fun!

TENNIS STARTS NEXT MONDAY, NOVEMBER 5TH

If you haven't signed up for Tennis as of yet, don't delay. APA's newest sport has really taken off and there are only a few spots remaining for the November program. You may go online to the "Online Banker" portal and make payment in the Athletic Fees section under Tennis. The fee is \$150.

VARSITY BASKETBALL is Just Around the Corner

Tryouts for both the Girls and Boys Varsity Teams will be next Monday, Nov 5th, with the Girls practicing from 3:30 pm until 5 pm and the Boys scheduled from 5:15 pm until 7 pm. OFFICIAL PRACTICE FOR BOTH TEAMS WILL BEGIN NOV 7th.

MS BASKETBALL - TRYOUTS FOR THE MS TEAMS WILL OCCUR SATURDAY, DEC 8, 2018.

BASKETBALL CAMP

And speaking of Basketball - what a GREAT week of basketball camp we had during Fall Break. Approximately 50 girls and boys attended the M-F session and their picture is below.

Next Camp will occur during the Holiday Break.

