



AMERICAN PREPARATORY ACADEMY
LAS VEGAS CAMPUS

**November Builders' Theme:
Expressing Gratitude in Word and Deed
November 16, 2017**

Las Vegas - School Calendar

Tuesday, November 21 st	SPIRIT DAY
Wednesday, November 22 nd	NO SCHOOL-Professional Dev. Day
Thursday, November 23 rd	NO SCHOOL-THANKSGIVING
Friday, November 24 th	NO SCHOOL-FAMILY DAY

****Spirit Day - Students are allowed to wear any of our APA Spirit Apparel shirts, (no hats please). Students still need to wear their uniform socks, shoes, and skirts/pants/jumpers. The Spirit Store is open every Wednesday from 8:30AM - 12:00PM. Spirit wear can be purchased online, at: <http://www.americanprep.org/store/>

November Builder Theme: Expressing gratitude in word and deed

This month we find ourselves reflecting on what we are grateful for--and what we are going to eat for Thanksgiving dinner. As Thanksgiving is next week, I would like to offer this challenge: Can you think of 100 things you are thankful for? Try this exercise with your family. Close your eyes and focus on a blessing in your life. It's easy to begin by visualizing your family members and friends. Envision an image of each one in your mind. Offer a silent "thank you" to the person or object of your appreciation. How many things are on your list so far? 20? 35? 50?

Next start to think about things that you may take for granted like the sunshine, a warm bed, food in your home, your teacher's help on that assignment. Good is everywhere! Relax into the feelings of gratitude...take a deep breath...feel more gratitude as you recognize your 100 blessings.

William Faulkner said, "Gratitude is a quality similar to electricity: it must be produced and discharged and used up in order to exist at all." The latest brain research shows that feeling gratitude for 30 seconds six times a day (a mere three minutes!) will enable our neurons to fire and wire together around gratitude and we will more easily and frequently access more gratitude.

Gratitude has a positive impact in our lives by improving physical and emotional health as well as boosting self-esteem. Simply put, doing good *feels good*.

Hey! I'm grateful for that; I'll put that first on my list!

School Fees can now be paid online!

We have created a way for all parents to pay for their students school fees by credit card on line. Skip the Banker Line and copy and paste the link below.

<https://secureinstantpayments.com/sip/cart/event.php?EID=2897>

APA Musical Theater

We are excited to announce all of the details for the first ever Las Vegas APA Musical! We will be performing School House Rock Live. Here are all of the dates and information below please mark your calendars:

Auditions are MANDATORY! They will be held

December 14th 2:15 - 5:00 4-6 grade in the Drama Room

December 15th 1:15 - 4:15 7-12 grade in the Drama Room. (This is a half day of school.)

Rehearsals will start after Christmas break on Thursdays from 2:30 - 4:30 p.m.

Dress rehearsals - Tuesday May 8th and Wednesday May 9th

Performances - Thursday May 10th evening, Friday May 11th evening, Saturday May 12th Matinee and evening.

There will also be a mandatory parent meeting on Wednesday January 3rd at 6 P.M. at the school.

Please sign up for an audition slot here!

www.SignUpGenius.com/go/60BoF48ACA928A13-musical

For full details and to get on the email list, please email kaceyenielsen@gmail.com or text at 702.319.1633.

Project 150:

The month of November is "National Hunger and Homelessness Awareness Month."

Because of this, we are currently in the process of our annual drive for project 150.

Project 150 is a non-profit organization who helps homeless high school students stay in high school and move onto college. If you want more information visit their website

<http://www.project150.org>

We encourage everyone in our APA Family to participate in this drive and support this organization. We have set a school goal of collecting **20,000** non-perishable food items to donate. In order to accomplish this goal we ask that every student brings **at least 10 more items** to their class. This can be 10 boxes of mac and cheese, 10 cup of noodles, or even 10 cans of fruit or beans.

Thank you so much for your support in this drive! We look forward to doing amazing things with you this holiday season!

Picture Retakes

Your local Lifetouch office is having a Studio Day on Saturday, November 18th from 10:00 AM to 2:00 PM.

We are excited to offer this final opportunity to have a School Portrait taken for this school year.

You may have students that missed a picture day opportunity, would like to purchase portraits or need a retake for a portrait.

Please have anyone interested, call our office to schedule an appointment.

Our local studio phone number is [\(702\) 820-3020 #2](tel:(702)820-3020)

[6185 Harrison Dr. Suite 1](#)

[Las Vegas , NV 89120](#)

New Board Member

The governing board for APA-LV is now accepting applications for a position on the board that fulfills the following requirements:

* A person who holds a current teaching license, or who previously held a teaching license and is now retired (*as long as his or her license was held in good standing*) **AND** has had 2 years of teaching experience.

OR

* A person who was a school administrator with a license issued by another state or who previously held such a license and is retired (*as long as his or her license was held in good standing*).

If you are interested in applying for this position, please fill out the application found [HERE](#), or that can be found on our website/facebook page, and email the application and a copy of your resume to Christie Olivieri at christie.olivieri@apaveas.org. Any questions can also be directed to Christie Olivieri by email. Thank you.

APA Eagles Volleyball Games

VOLLEYBALL PLAYOFFS THIS SATURDAY

Our Fall volleyball season is wrapping up and it has been an amazing season. Both of our 7th & 8th Grade teams have playoffs this weekend right here at APA. Our 5th & 6th Grade team plays their playoffs at Pinecrest Inspirada. Please come out and support them this Saturday.

9AM 7th & 8th Grade Team "A" vs Pinecrest Patriots @ APA
11AM 7th & 8th Grade Team "B" vs Doral Red Rock @ APA

9AM 5th & 6th Grade Team vs Doral Saddle Dragons AWAY
Pinecrest Inspirada
2840 Vi Contessa
Henderson

Good Luck to all of our VOLLEYBALL teams this weekend! GO EAGLES!

We have one available volunteer slot available this Saturday. If you would like to get some of your volunteer hours, please use the link below and sign up today. If you need to cancel your scheduled volunteer time, please allow us 24 hour notice so we can fill your time slot. Thank you

<http://www.signupgenius.com/go/30eof45ada82da5f58-fall>

Fitness Room Donation Request

With our growing sports programs we are hoping to continue to improve our training facilities. As many of you know, weight training is becoming an essential part to having and maintaining a winning sports team. Our desire is to begin to develop a fitness room with workout/weight lifting materials. The fitness room would be available to our sports teams and also would hopefully add opportunities for more High School electives. We are in the process of getting a grant to help us obtain some of the more costly items as we hope to have a state of the art fitness room. In the meantime, we are sending this email as an "all call" to see if anyone has any workout equipment, free weights, benches, dumbbells, etc., that they would like to donate to our school. If you have any fitness items you would like to donate please contact our Athletic Director Mr. Darrell Larsen at darrell.larsen@apavegas.org.

ELEMENTARY ACADEMIC UPDATE (K-6): Elementary Spelling Bee

We are so excited for our upcoming Spelling Bee!

Students in grades 1st -3rd will be having “grade level spelling bees” only. They will be using the Scripps format, which will be sent home with them on Tuesday, November 21st.

A classroom champion will be chosen from each class grades 1-6. Champions from grades 1-3 will be announced at the weekly assembly. Champions from grades 4-6 will participate in the school bee.

Classroom spelling bees will be held December 4th-8th, so please help your student to prepare. The school bee will be held Wednesday, December 13th. We are excited to see how well the students will do!

If you have any questions please contact your student’s homeroom teachers.

SECONDARY NEWS (7th-12th Grade)

The weather is turning cooler, the days are shorter, and the holiday season is upon us. With the change in weather we have seen a few things happening that need some attention. Please note that your student is welcome to wear a jacket, sweater, hat, gloves, sweatshirt and or boots to school to keep them warm. However, none of these items are permitted in class unless it is otherwise a part of their uniform. An example of this exception is if a student is wearing a sweater vest and a uniform approved cardigan. In these cases students will not be asked to remove their uniform approved cardigan. However, if a student attends class in a coat/jacket or sweatshirt they will be asked to remove those items as they are not part of the uniform. As the weather has gotten colder we have also seen an increase in students bringing coffee and hot chocolate to school. Please note that these items are NOT PERMITTED on campus and will be confiscated. If these items are brought to school AND they are spilled you may be charged for the cost to clean up the stain left behind.

Our builders theme for the month is showing gratitude in word and deed. At this time we would like to thank you for supporting our programs and allowing us the opportunity to educate your students. We are similarly grateful to our teachers for their hard work. We sure ask a lot from them and we are thankful for all they do.

9th Grade Winter Dance

The 9th Grade Winter Dance is Friday, December 1st from 6:00-7:30 pm. The dance will be held at the school. Students will enter and exit from the east staff entrance doors.

Students will have the opportunity to show off the dance skills that they have learned in their Ambassador Dance classes, play games, take pictures, and hang out with friends. This event is required and will be counted on all 9th grade students’ Character Development grade.

Professional/Semi-Formal dress is required. Below outlines the proper dress for this event.

Gentleman

Button up and Slacks

Belt and Tie

Dress Shoes

Ladies

Dress or Skirt and Blouse

Dress/Skirt must be within 2 in of the knee

Dress/Blouse must have a modest neckline and sleeves

Dress Shoes

*Dress shoes must be worn throughout event. Please make sure they are comfortable and can be worn to dance in for two hours.

Please feel free to contact Mr. Hill with any concerns at Natalie.Hill@apavegas.org

Key Club

The Key Club has been busy this fall. Several students attended the Regional Training Conference at Green Valley High School in October. Students in the club also made cards for the victims of the October 1 incident, and will be participating in HELP of Southern Nevada's Thanksgiving bag stuffing event this Saturday. Look for members sporting their new Key Club t-shirts on the next Spirit Day!

Students grades 9-12 who are interested in joining Key Club should contact Ms. Steiner at shannon.steiner@apavegas.org